

## SPORTING EVENT RULES 2011

**SNOWSHOE RACE** – 4 teammates – teams of 4 must “strap on” or “hold onto” homemade snowshoes and travel a distance together. This will be repeated with the other teammates – members do the distance twice stopping midway to do a short “activity” then continue again....if the team has more than 3 members, the first 3 travel the first distance and then do activity. **TIMED EVENT**

**3 LEGGED RACE** – 2 teammates - each team must travel a distance and back to the start to tag the second pair and then the third pair. If there are only 2 pairs, the first pair goes, then the second, and back to the first pair – **TIMED EVENT**

**CHARIOT RACE** – maximum team of 3 – each team is given a “chariot” in which they must pull one teammate a distance – **TIMED EVENT**

**OBSTACLE COURSE** – surprise opening activity – minimum of 4 teammates – teams must navigate an obstacle course do specified tasks. **TIMED EVENT**

**WATER RELAY** –6 teammates – taking turns, one member from each team runs to the water station to fill cup and return to the team spot to empty into designated container – team who fills container first wins, second etc.

**WATER BALLOON TOWEL CATCH** – 5 or 6 teammates. 4 teammates are holding a towel, 1 or 2 take turns tossing water filled balloons – each team is given 10 water balloons to throw from a designated distance and attempt to catch in a towel held by the other teammates-team with the most balloons caught intact wins.

**MUMMY WRAP** – teams consist of 1 “mummy” and 3 “wrappers” – teams wrap their mummy with toilet paper as completely as possible and decorate him/her as they wish. (Teams may wish to pick a theme and decorate their mummy after wrapping – props and costumes allowed) – teams will have 10 minutes – mummies will be judged in 2 areas – how well the mummy is covered up & originality of mummy presentation – **TIMED EVENT**

**TENNIS BALL TOSS** – 6 teammates will toss a tennis ball into marked containers. Numbers are in the containers which indicate how many points it is worth. Team with most points in specified amount of wins. – **TIMED EVENT**

**GIANT SHOE SCRAMBLE** – 6 teammates – Each takes off one shoe and they are all put in one pile. Everyone starts from the same line the first team get all 6 teammates across the line wins.

**FRISBEE CURLING** – 6 teammates – Each will take turns throwing the Frisbee at the target. Team with the most points in a specified **times** wins. **TIMED EVENT**

**TUG OF WAR** – team vs team – the teams will be equalized by staff on site during the competition